Bugs as Drugs

THERAPEUTIC MICROBES FOR THE PREVENTION AND TREATMENT OF DISEASE

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Contents

Contributors vii
About the Editors xii
Preface xiii

A. TRADITIONAL PROBIOTIC APPROACHES

1 Biochemical Features of Beneficial Microbes: Foundations for Therapeutic Microbiology 3
Melinda A. Engevik and James Versalovic

2 The Genomic Basis of Lactobacilli as Health-Promoting Organisms 49
Elisa Salvetti and Paul W. O’Toole

3 Bifidobacteria and Their Health-Promoting Effects 73
Claudio Hidalgo-Cantabrana, Susana Delgado, Lorena Ruiz, Patricia Ruas-Madiedo, Borja Sánchez, and Abelardo Margolles

B. NEXT-GENERATION BACTERIOTHERAPY: OPPORTUNITIES IN CHRONIC DISEASES

4 Microbial Interactions and Interventions in Colorectal Cancer 101
Terence Van Raay and Emma Allen-Vercoe

5 Microbial Impact on Host Metabolism: Opportunities for Novel Treatments of Nutritional Disorders? 131
Hubert Plovier and Patrice D. Cani

6 Therapeutic Opportunities in the Vaginal Microbiome 149
Gregor Reid

7 Lung Microbiota and Its Impact on the Mucosal Immune Phenotype 161
Benjamin G. Wu and Leopoldo N. Segal

8 Microbiota, Liver Diseases, and Alcohol 187
Anne-Marie Cassard, Philippe Gérard, and Gabriel Perlemuter

9 The Potential of Probiotics as a Therapy for Osteoporosis 213
Fraser L. Collins, Naiomy D. Rios-Arce, Jonathan D. Schepper, Narayanan Parameswaran, and Laura R. McCabe

10 Ecological Therapeutic Opportunities for Oral Diseases 235
Anilei Hoare, Philip D. Marsh, and Patricia I. Diaz
C. CONTROL OF INFECTIOUS DISEASE BY MICROBES

11 Control of *Clostridium difficile* Infection by Defined Microbial Communities  269
   James Collins and Jennifer M. Auchtung

12 Fecal Microbiota Transplantation: Therapeutic Potential for a Multitude of Diseases beyond *Clostridium difficile*  291
   Guido J. Bakker and Max Nieuwdorp

13 Enterococci and Their Interactions with the Intestinal Microbiome  309
   Krista Dubin and Eric G. Pamer

D. NEXT-GENERATION MICROBIAL THERAPEUTICS: TOOLS AND REGULATION

14 Engineering Diagnostic and Therapeutic Gut Bacteria  333
   Brian P. Landry and Jeffrey J. Tabor

15 Use of Traditional and Genetically Modified Probiotics in Human Health: What Does the Future Hold?  363
   Luis G. Bermúdez-Humarín and Philippe Langella

16 Genetic Tools for the Enhancement of Probiotic Properties  371
   Laura Ortiz-Velez and Robert Britton

17 Genome Editing of Food-Grade Lactobacilli To Develop Therapeutic Probiotics  389
   Jan-Peter van Pijkeren and Rodolphe Barrangou

18 United States Regulatory Considerations for Development of Live Biotherapeutic Products as Drugs  409
   Sheila M. Dreher-Resnick, Scott Stibitz, and Paul E. Carlson, Jr.

E. INDIRECT STRATEGIES TO TARGET MICROBIOME FUNCTION FOR HEALTH

19 Bacteriophage Clinical Use as Antibacterial “Drugs”: Utility and Precedent  419
   Stephen T. Abedon

20 Modulation of the Gastrointestinal Microbiome with Nondigestible Fermentable Carbohydrates To Improve Human Health  453
   Edward C. Deehan, Rebbeca M. Duar, Anissa M. Armet, Maria Elisa Perez-Muñoz, Mingliang Jin, and Jens Walter

Index  485
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Dr. Patrice D. Cani is a Professor at the Université catholique de Louvain (UCL) and investigator for WELBIO (Walloon Excellence in Lifesciences Biotechnology) and the Fund for Scientific Research (FRS-FNRS). He is a member of the Royal Academy of Medicine of Belgium and the recipient of prestigious grants and prizes. He has published more than 200 papers, reviews, and chapter books in the field of gut microbiota, prebiotics/probiotics, and metabolism. In the early 2000s, he started to investigate the interactions between gut microbes and complex biological systems (endocannabinoids, immunity) by using prebiotics. In 2007, he discovered the concept of metabolic endotoxemia and more recently the role of specific bacteria (e.g., *Akkermansia*). Twitter: @MicrObesity.
Preface

The reinvigoration of research into the human microbiome—the collection of microbes that reside within and on our body—has resulted in novel insights into the role of these microorganisms in health and disease. Associations between the composition of the intestinal microbiome and many human diseases, including inflammatory bowel disease, cardiovascular disease, metabolic disorders, and cancer, have been elegantly described in the past decade. Because of these seminal discoveries and the increased public interest in the use of probiotics and prebiotics to impact health, many researchers and entrepreneurs are working toward translating the human microbiome into novel diagnostics and therapeutics. Thus, one of the main objectives of this volume is to provide insights into how one may capitalize on the enormous amount of knowledge being generated in microbe-human interactions for the translation into products that will benefit humankind.

We note that microbiome research, and the use of microbes as therapeutics, is not of recent origin. Elie Metchnikoff posited over 100 years ago that lactic acid bacteria found in fermented milk were beneficial to health and prevented intestinal “putrefaction.” Ben Eiseman and colleagues began using fecal enema as an adjunct therapy in the treatment of pseudomembranous enterocolitis in 1958, a full 20 years prior to *Clostridium difficile* being identified as one of the main causative agents of this disease. Indeed, fecal transplantation for the treatment of disease dates back centuries to the 4th century, when Ge Hong, a well-known traditional Chinese medicine doctor, described the use of human fecal material by mouth to treat his patients with severe diarrhea.

Why, then, the increase in developing novel therapeutics and diagnostics using microbes now? Significant improvements in genetic engineering of non-model organisms, next-generation sequencing technology, and metabolic profiling have certainly stimulated much confidence in being able to harness microbes to improve health. In addition, systems biology approaches and synthetic engineering of microbes are now high-throughput and cost-effective enough to explore a much wider range of therapeutic possibilities to be vetted.

Finally, we note there is much hype and enthusiasm over the use of microbes—not only classical probiotics but also future next-generation beneficial microbes and engineered bacteria—to make significant impacts on many human diseases and to restore healthy microbial communities. However, our understanding of how microbial communities function to influence health is still quite shallow, and translation to therapeutics will require patience and basic research. For example, the linking of many diseases to altered microbial communities is only
by association, and in many cases these correlations have only been uncovered in mouse models. We must acknowledge that despite the explosion of science in the gut microbiome in the past decade, much of the work has described associations between the microbiome and disease with few instances of causation. Until microbiome shifts that are associated with disease are shown to be truly driving disease manifestation, it will be difficult to know which diseases can be tackled via microbiome manipulation. It is important to remind the scientific community that just because one or several bacteria are increased or decreased in a specific pathological situation, this does not necessarily mean they play a role in disease. Therefore, a deeper understanding of the mechanisms and functions of microbiome-human interaction will be required to fully realize the potential of developing drugs for the treatment of acute and chronic diseases. Another objective of this book is for readers to identify key gaps that exist in their respective fields that need to be closed in order to assist in moving therapeutic microbes from the bench to the bedside.

We are indebted to the authors for their contributions to this book, which we know took a considerable amount of time to produce. We hope you find the chapters informative and useful in your endeavors.

Robert A. Britton
Patrice D. Cani
Index

Acetate, short-chain fatty acids (SCFAs), 13
Achromobacter, 172
Achromobacter liquefaciens, 10
Acinetobacter, airway microbiome, 162, 166
Actinobacteria, 3, 49, 73
  alcohol liver disease, 199
  gut microbiota, 291
Actinomyces
  cystic fibrosis, 172
  oral cavity, 236
  periodontitis, 240
Actinomycetaceae, 169
Actuator, definition, 353–354
Acylhomoserine lactones (AHL), quorum-sensing systems, 10–11
Aerococcus, 19
Aeromonadales, 192
Aeromonas hydrophila, 21
Agency for Healthcare Research and Quality, 410
Aggregatibacter actinomycetemcomitans, periodontitis, 240, 246–248
Akkermansia spp.
  commensals, 4
  GI microbes, 456
  intestinal microbiota, 191
Akkermansia muciniphila, 52
  beneficial microorganisms, 137
  gene diversity, 136
  nonalcoholic fatty liver disease (nonalcoholic fatty liver disease), 199
  polyamines, 9
  propionate, 14
Alanine racemase, food-grade selection marker, 374
Alcaligenaeceae, cirrhosis, 203
Alcohol consumption, WHO safety threshold, 189
Alcoholic liver disease (ALD), 187. See also Liver diseases
  clinical aspects and diagnosis, 189–190
  current treatments, 191–192
  fecal microbiota transfer for, 201
  microbiota as key player in, 199–201
  pathogenesis of, 187–189
  prebiotics, 201
  prebiotics for, 201
Alistipes, gut microbiota, 192
Allergic disease, bifidobacteria, 81, 87–88
Allisonella, NASH patients, 192
Alpha-bug hypothesis
  colorectal cancer (CRC) development, 113, 114
  schematic, 113
Alzheimer’s disease, 16
American College of Gastroenterology (ACG), 297
Amino acid neurotransmitters
  GABA, 8
  polyamines, 8–9
Amoxicillin, 138
Ampicillin, antibiotic resistance, 312–313
Anaerobacter, 192
Anaerococcus, 150
Anaerobrakia, 192
Anaerostipes spp., 14
Antagonistic pleiotropy, 429
Antibiotic-associated diarrhea, bifidobacteria, 84
Antibiotics, treatment of colorectal cancer, 120–121
Antimicrobial compounds
  bacteriocins, 21–26
  enhancing native activity in, 396–397
  hydrogen peroxide, 20–21
  lactic acid, 19–20
  reutericyclin, 27
  reuterin, 26–27
Archaea, vaginal microbiome, 150
Asthma, microbiome studies of, 173
Autoinducer signaling peptide (AIP), 11
Bacillaceae, asthma, 176
Bacillus
  AI-2 quorum-sensing, 11
  polymeric immunoglobulin receptor (pIgR), 169
  probiotics, 4, 220
Bacillus acidophilus, intestines of infants, 79
Bacillus anthracis, 21
Bacillus bifidus, 79
Bacillus cereus, 20, 21, 27
Bacillus licheniformis, 226
Bacillus megaterium, 20
Bacillus mesentericus, 318
Bacillus subtilis
  bone health, 226
  probiotics for colorectal cancer treatment, 119
Bacillus subtilis (continued)

- reutericyclin, 27
- riboflavin (vitamin B2), 15

Bäckhed, Fredrik, 469

Bacteria-bacteria communication, quorum-sensing molecules, 10–12

Bacteria-host signaling compounds

- amino acid neurotransmitters, 8–10
- biogenic amino neuromodulators, 5
- GABA (gamma-aminobutyric acid), 5, 8
- histamine, 6–8
- polyamines, 8–9
- tryptophan and indole, 9–10

Bacterial metabolites, 4

Bacterial replacement therapies, 242–243

Bacteriocins, 21–26

- class I: lantibiotics, 21–23
- class II, 23
- class III, 23
- class IV, 23–24
- colicins, 24–25
- diversity and classification, 21–26
- functional diversity of, 396
- Gram-negative, 24–25
- Gram-positive, 21–24
- in vivo, 25
- microcins, 24
- as quorum-sensing molecules, 25–26

Bacteriophages, 243–244. See also Phage therapy

Bacteroidaceae, undernutrition, 140

Bacteroides spp., 456

- carbohydrate metabolism, 52
- colonic microbiome, 111
- fibrosis, 201
- vitamin K, 17
- tryptophan and indole, 10

Bacteroides forsythus, 21

Bacteroides fragilis

- alpha-bug in CRC, 112
- microbiota, 77
- outer membrane vesicles, 18

Bacteroides-Prevotella, polyamines, 9

Bacteroides sartorii, 318

Bacteroides thetaiotaomicron

- acetate, 13
- GI microbiome, 461
- intestinal physiology, 382
- polyamines, 9
- as treatment for vancomycin-resistant enterococci (VRE), 320

Bacteroides uniformis, nonalcoholic fatty liver disease (nonalcoholic fatty liver disease), 198

Bacteroidetes

- alcohol liver disease, 199
- cirrhosis, 202
- colonic microbiota, 296
- colonization resistance, 279–280
- gastrointestinal tract, 279
- gut microbiota, 12, 291
- irritable bowel syndrome (IBS), 301
- lung microbiome, 171, 172
- nonalcoholic fatty liver disease, 192
- steatosis, 192

Bacteroidetes/Firmicutes ratio, gut microbiota, 134

Bakken, Johan, 280–281

Bdellovibrio bacteriovorus, 243

Beneficial microbes, 4, 5

Bifidobacteria

- acetate, 13
- acquisition and development in infancy, 75–76
- allergic disease, 87–88
- antibiotic-associated diarrhea, 84
- Bifidobacterium genus, 73–74
- chemotherapy treatments, 86
- Clostridium difficile-associated diarrhea, 84
- colorectal cancer, 85–86
- correlations with microbiota, 76–78
- Helicobacter pylori infection, 84–85
- inflammatory bowel disease, 86–87
- intestinal disorders, 81, 84
- irritable bowel syndrome, 86–87
- liver disease, 86
- as members of human intestinal microbiota, 74–78
- necrotizing enterocolitis, 87
- for prevention and treatment of disease, 80–81, 84–88
- as probiotics, 78–80
- strains as probiotics, 82–83
- visualization of B. animalis subsp. lactis growth, 81

Bifidobacteriaceae, family, 73

Bifidobacteriales order, 73

Bifidobacterium

- colonic microbiome, 111
- distribution in bowel, 74–75
- fibrosis, 202
- genetically modified probiotics, 366–367
- GI microbes, 456
- interindividual variability, 74–75
- lactocepin, 19
- natural probiotics, 334
- polyamines, 9
- positive effects of strains on gastrointestinal functions, 79
- prebiotics, 469
- prebiotics for colorectal cancer treatment, 119
- probiotics, 4, 220, 364
- probiotics for colorectal cancer treatment, 118–119
- species evolution with age, 74–75
- Bifidobacterium genus, 73–74
Bifidobacterium spp., 3, 10, 137
Bifidobacterium adolescentis, 16, 460
Bifidobacterium animalis, 16, 81
Bifidobacterium animalis subsp. lactis, 9, 365
Bifidobacterium bifidum, 23
Bifidobacterium breve, 15, 18
Bifidobacterium dentium, 8, 18
Bifidobacterium longum, 8, 16, 18
  bone health, 221, 223
  nonalcoholic fatty liver disease, 199
  oral candidiasis, 249
  osteoporosis, 225
  probiotics for colorectal cancer treatment, 119
Bifidobacterium pseudocatenulatum, nonalcoholic fatty liver disease, 198
Biocontrol, 421, 424. See also Phage therapy definition, 420
Biofilm effect hypothesis
  development of colorectal cancer, 116
  schematic, 113
Biogenic amines, neuromodulators, 5
Biological output, definition, 354
Bioreactors, testing engineered gut bacteria, 352
Blaser, Martin, 134
Blautia hydrogenatrophica, 461
Blautia producta, antagonizing Clostridium difficile, 279
Bone health. See also Osteoporosis
  bone remodeling, 214, 215
disease, 214, 216–219
effect of probiotics (animal studies), 222–223
  osteoclasts and osteoblasts, 214, 216, 217, 218
probiotics and, 224–225
  probiotics and, in livestock, 225–226
role of intestinal microbiota, 220
Broad-spectrum antibiotics, 430
Burkholderiaceae, 172
Burkholderia cepacia, 172
Burkitt, Denis, 454
Butyrate, short-chain fatty acids (SCFAs), 14
Bystander effect hypothesis
  development of colorectal cancer, 117
  schematic, 113
Campylobacter, undernourished children, 138
Campylobacter jejuni, 243
Candida spp.
  oral candidiasis, 240–241, 249, 252
  oral community, 237, 252
Candida albicans, 20
Candida parapsilosis, growth of, 151
Cani, Patrice, 468
Capnocytophaga, oral cavity, 236
Capnocytophaga sp:putigena, 21
Carbohydrate metabolism, lactobacilli, 52
Caries
  dysbiotic changes associated with, 239
etiology of, 238
  limitations of current microbial therapies, 250, 251
microbial therapeutics for, 244–246
  potential benefits of microbial therapies, 251
Carnobacterium, 19
Carnobacterium maltaromaticum, 53
Carnobacterium piscicola, bacteriocins, 23
Catonella, cystic fibrosis, 172
Cellular memory, definition, 354
Center for Biologics Evaluation and Research, 410, 414
Chassis, definition, 354
Chassis selection, engineering smart probiotics, 341, 344–345
Chemical or physical inputs, definition, 354
Chemistry, manufacturing and controls data, 411
current good manufacturing practice (CGMP), 414
  product release testing, 413–414
  purity, 413
  strain characterization, 412–413
Chemotherapy treatments, bifidobacteria, 86
Chlamydia, 150
Chromosomal integration strategies, 372–373
Chronic noncommunicable diseases
  associated with GI microbiome, 454
diets low in nondigestible carbohydrates, 454
gastrointestinal microbiome and, 453–455
  glucose and lipid metabolism, 465–466
  human diet, 454–455, 471–472
  systemic inflammation and, 466–467
Chronic obstructive pulmonary disease (COPD), 162–163, 167, 170–171
Chryseobacterium, 176
Cirrhosis, microbiotas associated with, 203
Citrobacter rodentium, 10
Clastogens, 117
Clinical Guide to Probiotic Products, 27
Clostridia, 192, 456
Clostridiales, 192, 203
Clostridium spp.
  fibrosis, 202
gut microbiota, 192
hepatocellular carcinoma, 204
lung microbiome, 171
polyamines, 9
short-chain fatty acids, 12
tryptophan and indole, 10
Clostridium bifermentans, antagonizing C. difficile, 279
Clostridium boltaea, 318
Clostridium botulinum, 21
Clostridium butyricum, 119, 318
Clostridium difficile. See also Fecal microbiota transplantation (FMT)
asymptomatic carriage in adults, 272

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**Clostridium difficile (continued)**

asymptomatic carriage in infants, 272
bacterial replacement therapy, 242–243
bifidobacteria and *C. difficile*-associated diarrhea, 84
carriage and disease, 271–273
colitis, 161
cumulative number of articles in PubMed, 271
enzymbiotics for infections, 398
fecal microbiota transplantation (FMT), 275, 277–281, 292, 296–297
gastrointestinal track resisting infection by, 275, 276
history of infection, 270–271
life cycle, 273–274
metabolic syndrome, 136
microbiota transplantation, 155
potential mechanisms of colonization resistance, 274–275
potential mechanisms underlying asymptomatic carriage, 272–273
prevalence and cost of infection, 269
stratification of disease severity, 270

*Clostridium perfringens*, colorectal cancer treatment, 118

*Clostridium scindens*, 140, 274

*Clostridium sporogenes*, 21

Codex Alimentarius Commission, 457
Colicins, Gram-negative bacteriocins, 24–25
*Collinsella*, irritable bowel syndrome (IBS), 301

Colon
anatomy of human, 103
characteristics across regions of, 106
chronic inflammation in, 394–395
colonic crypt, 104
colonic crypt signaling pathways, 102, 105
crypt architecture, 105
development of proximal and distal, 107
goblet cells and mucin, 105, 107
makeup of colon epithelium, 102
model of Wnt signaling, 104
normal microbiota, 109–111
proximal and distal, 105
Wnt signaling, 105

Colonization, definition, 354

Colorectal cancer (CRC), 16. *See also* Colon
alpha-bug hypothesis, 112, 113, 114
antibiotics and, 120–121
bifidobacteria, 85–86
biofilm effect hypothesis, 113, 116
bystander effect hypothesis, 113, 117
conjecture for, 109
driver-passenger hypothesis, 113, 114–115
gut microbiota associated with, 111–117
initiating event for, 107–108
intestinal microbiota adaptations hypothesis, 113, 115–116
most common gastrointestinal tract cancer, 101
physiology and development in, 101–102
potential treatment with microbial modulation therapies, 117–121
prebiotics and, 119–120
probiotics and, 118–119
proximal vs. distal CRCs, 108–109
schematic of microbiome changes leading to, 113
treatment for the future, 121
Wnt signaling in proximal vs. distal, 109

*Comamonadaceae*, in proximal colon, 111

Commensal bacteria, 4, 5, 7
Commensal-driven bystander effect hypothesis, colorectal cancer, 113, 117
Commensal microbes, 19–20
Comparative genomics, strains of *L. delbrueckii*, 58
Confocal scanner laser microscopy, visualization of *Bifidobacterium animalis*, 81

*Caprooccus*, prebiotics for colorectal cancer treatment, 120
Coronary heart disease, 16
Corticosteroids, use in lung microbiome, 169–170

*Corynebacterium*, airway microbiome, 162, 166
cre-lox-based system for double-crossover integration, 373–374
CRISPR-Cas system, 378–380
antimicrobials, 398, 400
genome editing in lactobacilli, 394
primary classes of, 393
probiotic dual-delivery system of, as bacteriophages, 401
protecting against invasive elements, 392–393
repurposing, as antimicrobials, 399
tool in engineering probiotics, 390

Crohn’s disease
adherent-invasive *E. coli*, 114
bifidobacteria, 86
fecal microbiota transplantation (FMT) in, 297–299

*Fusobacterium nucleatum* and, 114
IL-10-secreting *L. lactis*, 337, 366, 367

Crude lysate, definition, 420

Cystic fibrosis, 172
disordered airway clearance, 172
microbiome studies of, 173

Daptomycin, antibiotic resistance, 313
Delzenne, Nathalie, 468
Device, definition, 354
d’Hérelle, Félix, 432, 433
Diagnostic gut bacteria, definition, 354
Diarrhea
bifidobacteria for antibiotic-associated, 84
*Clostridium difficile*-associated, 84
Dietary fiber, gastrointestinal microbiome and, 457–458

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DNA damage and repair, colorectal cancer
  development, 117
Dong Jin dynasty, 292
Driver-passenger hypothesis
  development of colorectal cancer, 114–115
  schematic, 113
Drug factory probiotic
  definition, 354
  design, 335, 340
  Lactococcus lactis, 335, 336
Dysbiosis
  COPD exacerbations, 171
  malnutrition, 131–132
  nonalcoholic steatohepatitis and, 192–193
  vaginal microbiome, 156
Dysbiosis
  COPD exacerbations, 171
  malnutrition, 131–132
  nonalcoholic steatohepatitis and, 192–193
  vaginal microbiome, 156
Economics, phage therapy, 441–442
Eikenella, 236
Eikenella corrodens, 21
Eiseman, Ben, 292
Eliava Phage Therapy Center, 438
Endotoxin definition, 420
Energy metabolism. See also Nutrition
  studying germfree mice, 132–133
Engineered gut bacteria, 333–334
  bioreactors, 352
  classes of, 334
  comparison of development process, 335
  components to construct, 347
  diagnostic gut bacteria, 336
  drug factory probiotic, 336
  examples of, 336, 342–343
  experimental validation, 352–353
  genetically encoded sensors, 338–339
  genetically encoded therapeutic actuators, 340–341
  genetic circuits, 339–340
  mouse models, 352–353
  natural probiotics, 334, 335
  smart probiotics, 334, 337
  synthetic biology, 337–338
  types of sense, compute and respond behavior, 338
Engineering smart probiotics. See also Probiotics
  bioreactors, 352
  chassis selection, 341, 344–345
  colonization, 341, 344
  computation speed, 349
  defined media, 352
  experimental validation, 352–353
  genetic actuators, 351–352
  genetic logic circuits, 346–350
  genetic tractability, 344–345
  implementing logic, 346–349
  logic circuit outlook, 350
  long-term functionality, 350
  memory circuits, 350–351
memory circuits outlook, 351
mouse models for, 352–353
outlook for, 353
recombinases, 351
robustness to environmental variability, 349–350
sensor design, 345–346
sensor outlook, 346
sensor performance characteristics, 345–346
sensor portability, 345
toggle switches, 350–351
Enterobacteriaceae
  AI-2 quorum-sensing, 11
  airway microbiome, 166
  alcohol liver disease, 199
  asthma, 176
  cirrhosis, 202–203
  fibrosis, 202
  gut microbiota, 192
  irritable bowel syndrome (IBS), 301
  lung microbiome, 171, 172
  microbiota, 77
  microcins, 24
  nonalcoholic fatty liver disease, 196
  short-chain fatty acids, 12
  in sigmoid colon and rectum, 111
Enterococcus
  antibiotic resistance: ampicillin, 312–313
  antibiotic resistance: daptomycin, 313
  antibiotic resistance: genetics, 313–314
  antibiotic resistance: vancomycin, 313
  clinical importance of, 310–312
  development of antibiotic resistance, 312–314
  direct inhibition by anaerobic commensals, 317–318
  direct inhibition by commensal enterococci, 318
  diversity in genomic composition and habitats, 314–316
  fecal microbiota transplantation and probiotics as treatment, 319–320
  habitats, 315–316
  indirect inhibition through innate immune defense, 317
  indirect inhibition through intestinal barrier maintenance, 317
  infections, 310–311
  interactions with intestinal microbiome, 316–320
  lactic acid, 19
  occurrence in diverse environments, 309–310
  population genetics, 314–315
  probiotics, 220, 318, 319
  transmission and sources of infectious, 311
  treatment of, 311–312
  vitamin K, 17
Enterococcus faecalis, 309–310
  bacteriocins, 23, 24
  growth of, 151
  gut colonization by, 117
Enterococcus faecalis (continued)
hydrogen peroxide, 20
lactic acid, 20
phage against, 426
reutericyclin, 27

Enterococcus faecium, 23, 309–310
Enzybiotics, bacteriophage-derived endolysins, 395, 397–398
Epithelial cells, 7
Erysipelotrichaeae, undernutrition, 140
Erysipelotrichia, steatosis, 192
Escherichia
gut microbiota, 192
nonalcoholic fatty liver disease, 196
probiotics, 220
undernourished children, 138
Escherichia coli
alpha-bug model, 112
antagonizing Clostridium difficile, 279
bacteriocins, 25, 396
colibactin-producing, 85
diarrhea, 166
fecal microbiota transplantation, 302
growth of, 151
hydrogen peroxide, 20–21
lactic acid, 20
osteoporosis, 224
phage therapy, 428
riboflavin (vitamin B2), 15
strain selection, 390
Escherichia coli Nissle 1917 strain, 390, 409
Escherichia coli O157
acetate, 13
polyamines, 8
probiotics, 4
propionate, 14
tryptophan and indole, 9–10
Eubacterium, 4, 456
Eubacterium hallii, 14
Eubacterium lentum, 17
Eubacterium rectale, 14, 460
European Food Safety Authority (EFSA), 49, 79, 364
European Society for Microbiology and Infectious Disease (ESCMID), 297
Exopolysaccharide
bifidobacterial molecules, 77
production in Lactobacillus, 52–53
Exponential Biotherapies, Inc., 427
Faecalibacterium spp., 3, 456
commensals, 4
NASH patients, 192
Faecalibacterium prausnitzii
gene diversity, 136
microbiota, 77, 111
prebiotics, 120, 469
propionate, 14
Fecal microbiota transfer, alcohol liver disease, 201
Fecal microbiota transplantation (FMT). See also Clostridium difficile
administration of solution, 294–295
alternatives to, 279–281
Clostridium difficile infection treatment, 275, 277–281, 296–297
donors, 277–278, 292–294
history of, 292
in inflammatory bowel disease (IBD), 297–299
in intestinal colonization by multidrug-resistant pathogens, 301–302
in irritable bowel syndrome (IBS), 301
in metabolic disease, 299–301
practical guidelines, 292–296
preparation of sample, 294
recipients, 278
recolonization of gastrointestinal tract after, 279
results in severely ill patients, 278
route of administration, 278–279
safety, 295–296
treatment for vancomycin-resistant enterococci (VRE), 319–320
as treatment for VRE colonization, 319–320
variables influencing success of, 277–279
Fermentable dietary fiber, gastrointestinal microbiome and, 457–458
Fibrosis
advanced liver disease, 187, 201–202
histology of liver, 188
Fidaxomicin, 273, 275, 296
Firmicutes, 49
alcohol liver disease, 199
colonic microbiota, 296
gastrointestinal tract, 279
gut microbiota, 12, 192, 291
lung microbiome, 168, 171, 172
nonalcoholic fatty liver disease, 192
propionate, 13, 14
undernourished children, 138
Western-style diet, 110
Flavonifractor, gut microbiota, 192
Folates, 16
Food, Drug and Cosmetic Act, 411
Food and Agriculture Organization (FAO), 78, 220, 241
Food and Drug Administration (FDA), 410, 411–412, 428, 458
Food-grade lactobacilli
altering probiotic immune-modulatory profile, 394–395
as antimicrobial production factories to alter microbiota, 395
as chassis for tailored probiotics, 394–400
CRISPR-based antimicrobials, 398, 400
enhancing native antimicrobial activity, 396–397
enzymiotics, 395, 397–398
future perspectives, 400

Genetic diversity for strain selection, 391

Probiotic features of *Lactobacillus*, 391–392

Repurposing CRISPR-Cas systems as antimicrobials, 399

Selection of strains, 390–392

*Fructobacillus*, 51, 64

Fructooligosaccharides, colorectal cancer treatment, 119

*Fusobacteria*, lung microbiome, 171

*Fusobacterium*

Airway microbiome, 162

Periodontitis, 240

*Fusobacterium nucleatum*

Colorectal cancer tissues, 114–115

Crohn’s disease, 114

Genotoxic bacteria, 85

Hydrogen peroxide, 21

Plaque in mouth, 116

*Fusobacterium varium*, polyamines, 9

Galactooligosaccharides (GOS), colorectal cancer treatment, 119

*Gammaproteobacteria*

Gut microbiome, 173

Steatosis, 192

*Gardnerella vaginalis*

Hydrogen peroxide, 21

Vaginal pathogen, 57, 150, 153

Gastroesophageal reflux disease (GERD), 166–167

Gastrointestinal microbiome

Assessing efficacy of nondigestible fermented carbohydrates (NDFCs) in, 469–471

Categories of nondigestible carbohydrates (NDCs), 459

And chronic noncommunicable diseases, 453–455

Elucidating exact mechanisms of NDFCs in, 471

Fermentable dietary fiber and, 457–458

Future directions for NDFCs, 469–471

Glucose and lipid metabolism, 465–466

Health effects of NDFCs, 468–469

Healthy and diseased, 164

Human diet, 454–455, 471–472

Immunoregulation, 466

Impact of NDFCs on function of, 462–463

Mechanisms for NDFC metabolism, 464, 465

Microbiota-accessible carbohydrates (MACs), 458–460

Modulation of, 455–460

Modulation of microbiota composition and diversity, 460–462

Physiological effects of NDFCs on host, 463–467

Prebiotics and, 455–457

Regulation of satiety, 465

Systemic inflammation, 466–467

Gastrointestinal tract, 3–4

AI-2 quorum-sensing, 11–12

Bifidobacteria, 74, 81

Genomic diversity of enterococcal strains, 315–316

Genus *Enterococcus* in, 309–310

Normal colonic microbiota, 109–111

Resisting *Clostridium difficile* infection, 276

Ge Dong, 292

*Gemella*

Colorectal cancer, 115

Lung microbiome, 170

Genetic actuators, 340–341

Colorimetric reporters, 351

Engineered gut bacterium, 347

Fluorescent reporters, 351–352

Luminescent reporters, 351

Nucleic acid reporters, 352

Reporters, 351–352

Genetically encoded sensors, 338–339

Genetically modified organisms (GMOs), 381

Genetically modified probiotics (GMPs)

Perspectives about, 367–368

Preventing and treating human diseases, 365–367

Recombinant technology, 363–364

Use in humans, 367

Genetic circuit, definition, 354

Genetic circuits, 339–340

Genetic engineering. See also Genetically modified probiotics (GMPs)

Probiotic strains, 27–28

Genetic logic circuits

Computation speed, 349

Engineered gut bacterium, 347

Engineering smart probiotics, 346–349

Parts to implement logic, 346–349

Robustness to environmental variability, 349–350

Genetics, antibiotic resistance of enterococcal strains, 313–314

Genetic tools for manipulating lactobacilli

Alanine racemase as food-grade selection marker, 374

Combining Cas9 genome editing with ssDNA recombineering, 378–380

Cre-lox system for double-crossover integration, 373–374

DsDNA recombineering in *L. plantarum*, 376

Genome manipulation of lactic acid bacteria (LAB), 375

Impact on safety and efficacy of probiotics, 381

Inducible gene expression, 380–381

Oligonucleotide-mediated recombineering for genome editing, 375–378

Recombineering for genome engineering in LAB, 375, 376

Traditional chromosomal integration strategies, 372–373

Uracil-phosphoribosyltransferase (upp)-based counterselection gene replacement, 374
inducible gene expression, 380–381
recombineering for genome engineering, 375, 376
technologies for genome manipulation, 375
therapeutic delivery of, 371–372
Lactobacilli. See also Food-grade lactobacilli
beneficial effects of, 49–51
carbohydrate metabolism, 52
distribution of probiotic-related traits in, 52–53
genetic tools for manipulation of, 372–380
genomic diversity of, 51–52
genomics of surface carbohydrate decoration, 52–53
influencing vaginal health, 152–153
intraspecific diversity of species, 53–64
L. acidophilus, 54–55
L. brevis, 54, 55–56
L. casei/L. paracasei, 54, 56–57
L. crispatus, 54, 57
L. delbrueckii, 54, 57–59
L. fermentum, 54, 59
L. gasseri, 54, 59–60
L. johnsonii, 54, 60
L. plantarum, 54, 60–61
L. reuteri, 54, 61–62
L. rhamnusus, 54, 62–63
L. sakei, 54, 63
L. salivarius, 54, 63–64
mechanisms for protecting host, 150–151, 153–155
probiotic traits in, 50
publication numbers by year using search terms, 51
surface protein repertoires, 53
Lactobacillus spp. See also Food-grade lactobacilli
alcohol liver disease, 199, 201
as chassis for tailored probiotics, 394–400
cirrhosis, 204
CRISPR-Cas genome editing in, 394
CRISPR-Cas systems, 392–393
genetic diversity of, 391
genome editing of, 392–394
GI microbes, 456
gut microbiota, 192
healthy intestines, 79
histamine, 6–7
lactic acid, 19
lactocepin, 19
long-chain fatty acids, 15
lung microbiome, 171, 176
natural probiotics, 334
polyamines, 9
probiotic features of, 391–392
probiotics, 4, 65, 220, 364
probiotics for colorectal cancer treatment, 118
role in nutrition, 137
steatosis, 192
vitamin K, 17
Lactobacillus acidophilus
bacteriocins, 23
description of, 54–55
folates, 16
genomes, 372
probiotic properties, 54
Lactobacillus brevis
description of, 55–56
GABA, 8
probiotic properties, 54
Lactobacillus bulgaricus
oral candidiasis, 249
riboflavin, 16
Lactobacillus casei, 318
bone health, 221
description of, 55–56
lactocepin, 18–19
probiotic properties, 54
riboflavin, 16
secreted proteins p40 and p75, 19
smart probiotic chassis, 341
Lactobacillus coryniformis, vitamin B₁₂, 17
Lactobacillus crispatus
description of, 57
probiotic properties, 54
vaginal microbiome, 150
Lactobacillus delbrueckii
description of, 57–59
probiotic properties, 54
Lactobacillus delbrueckii subsp. bulgaricus
chromosome integration, 372
GABA, 8
lactose digestion, 364
undernourished children, 138
Lactobacillus fermentum
description of, 59
probiotic properties, 54
Lactobacillus gasseri
bone health, 221
description of, 59–60
folates, 16
probiotic properties, 54
smart probiotic chassis, 341
vaginal microbiome, 150
Lactobacillus helveticus, 8
Lactobacillus iners, 150
Lactobacillus johnsonii
asthma, 173
bacteriocins, 23
description of, 60
folates, 16
genomes, 372
probiotic properties, 54
Lactobacillus lactis, engineered probiotics, 381–383
Lactobacillus paracasei
description of, 55–56
GABA, 8
nonalcoholic fatty liver disease, 198
osteoporosis, 224
probiotic properties, 54
smart probiotic chassis, 341
vaginal health, 154
Lactobacillus pentosus, 151
Lactobacillus plantarum
description of, 60–61
dsDNA recombineering in, 375, 376
folates, 16
GABA, 8
genome editing, 392
germfree mice, 133
osteoporosis, 224
probiotic properties, 54
riboflavin (vitamin B2), 15
smart probiotic chassis, 341
Lactobacillus reuteri
bone health, 221, 222
cobalamin, 52
description of, 61–62
osteoporosis, 224, 225
probiotic features, 54, 391–392
recombineering/CRISPR-Cas9 genome engineering in, 379
reuterin, 396
ssDNA recombineering, 375–378
vaginal health, 151, 155
Lactobacillus rhamnosus
description of, 62
histamine, 7
nonalcoholic fatty liver disease, 198
probiotics, 54, 365
secreted proteins p40 and p75, 19
as treatment for vancomycin-resistant enterococci (VRE), 319
vaginal health, 153
Lactobacillus saerimneri, 7
Lactobacillus sake, 22
Lactobacillus sakei
bacteriocins, 23
description of, 63
probiotic properties, 54
Lactobacillus salivarius
bacteriocins, 23, 26, 396
description of, 63–64
folates, 16
probiotic features, 54, 391–392
Lactocepin, 18–19
Lactococcus
airway microbiome, 162, 166
alcohol liver disease, 199
lactic acid, 19
vitamin K, 17
Lactococcus lactis
folates, 16
GABA, 8
genetically modified probiotics (GMPs), 365–367
lantibiotics, 21–22
murine interleukin-10 (IL-10), 390
natural probiotic, 335
Lactococcus reuteri
bacteriocins, 26
folates, 16
reutericyclin, 27
vitamin B12, 17
Lactococcus rhamnosus
alcohol liver disease, 199
vitamin K, 17
Leuconostoc, 19, 51
Leuconostoc mesenteroides, bacteriocins, 23
Li Shizhen, 292
Listeria innocua, reutericyclin, 27
Listeria ivanovii, hydrogen peroxide, 21
Listeria monocytogenes, 20, 21
bacteriocins, 25, 26
phage treatment of, 419
Live biotherapeutic products (LBPs), 410
chemistry, manufacturing and controls data, 411, 412–414
clinical investigations with, 410–412
current good manufacturing practice (CGMP), 414
genetically modified LBPs, 414
Investigational New Drug (IND) application, 411
product release testing, 413–414
purity, 413
strain characterization, 412–413
Liver diseases. See also Alcoholic liver disease (ALD); Nonalcoholic fatty liver disease (NAFLD)
advanced, 201–204
bifidobacteria, 86
cirrhosis, 189, 202–204
differences between ALD and NAFLD, 189
fibrosis, 188, 189, 201–202
hepatocellular carcinoma (HCC), 204
histology of liver, 188
intestinal microbiota in, 197
metabolic, 187–192
steatosis, 187–188
treatments of ALD, 191–192
treatments of NAFLD, 190–191
Long-chain fatty acids (LCFAs), benefiting host, 14–15
Ludwik Hirszfeld Institute of Immunology and Experimental Therapy, 433
Lung-gut axis, role in disease, 172–173, 175
Lung microbiome
challenges in evaluating, 163, 165–166
corticosteroids in, 169–170
in disease states, 170–172
future directions in study of, 178–179
healthy and diseased, 164
lung-gut axis and its role in disease, 172–173, 175
selection pressures of lower airway, 167–170
Lung microbiota, 161–162
host-microbiota interaction in lung, 174
lower airway, 162, 175–178
sources of microbial challenge to lower airways, 166–167
upper respiratory tract, 162–163
LuxI/LuxR-type, quorum-sensing systems, 10–11
Lysate, definition, 420
Lysogen, definition, 420
Lysogeny, definition, 420
Magnetic resonance imaging (MRI), 190
Malnutrition, 131–132. See also Nutrition
kwashiorkor, 138, 140
Mechnikov, Ilya, 132
Memory circuits
engineered gut bacterium, 347
engineering smart probiotics, 350–351
outlook, 351
recombinases, 351
toggle switches, 350–351
Metabolic diseases, fecal microbiota transplantation in, 299–301
Metabolic endotoxemia, concept of, 134–135
Metabolic syndrome, 131, 132
dysbiosis during, 132
impact of gut microbiota on malnutrition-associated, 133–138
Metabolites
bacterial, 4
benefiting host, 12–19
lactocepin, 18–19
long-chain fatty acids (LCFAs), 14–15
outer membrane vesicles (OMVs), 17–18
secreted proteins p40 and p75, 19
serpin, 18
short-chain fatty acids (SCFAs), 12–14
vitamins, 15–17
Metchnikoff, Elie, 364, 389–390
Metronidazole, Clostridium difficile infection, 273, 275
MicrObesity, 133
Microbiota
gut, associated with colorectal cancer, 111–117
lactobacilli as antimicrobial factories altering, 395
milk oligosaccharides and priming, 138–139
normal colonic, 109–111
phage impact on nontarget, 426–427
role in influencing bone, 220
Microbiota-accessible carbohydrates, 455
gastrointestinal microbiome and, 458–460, 462
Microcins, Gram-negative bacteriocins, 24
Milk oligosaccharides, priming the microbiota, 138–139
Moraxella catarrhalis, hydrogen peroxide, 21
Mucosa-associated invariant T (MAIT) cells, 169–170
Multidrug-resistant pathogens, fecal microbiota transplantation in intestinal colonization by, 301–302
Multilocus sequence analysis, 61
Mycoplasma avium, cystic fibrosis, 172
Mycoplasma tuberculosis, 25, 169
Mycoplasmataceae, 172
National Institutes of Health, Roadmap for Medical Research, 161
Necrotizing enterocolitis, bifidobacteria, 87
Neisseria
airway microbiome, 162
cystic fibrosis, 172
lung microbiome, 170
Neisseriaceae
lung microbiome, 172
polymeric immunoglobulin receptor (pIgR), 169
Neisseria gonorrhoeae, 21
Neisseria meningitidis, 21
Nicolle, Charles, 432
Nonalcoholic fatty liver disease (NAFLD), 187, 454
causative role for gut microbiota in, 193
clinical aspects and diagnosis, 189–190
current treatments, 190–191
mechanisms linking gut microbiota to, 193, 196–198
microbiotas associated with stages of, 194–195
pathogenesis of, 187–189
prebiotics, 198–199
probiotics, 198
symbiotics, 199
therapeutic approaches, 198–199
Nonalcoholic steatohepatitis (NASH), 187–189
dysbiosis and, 192–193
fecal microbiota transplantation (FMT) in, 299–300
microbiotas associated with, 194–195
Non-digestible carbohydrates (NDCs)
categories of, 459
disease associated with diet low in, 454
Non-digestible fermented carbohydrates (NDFCs)
assessing clinical efficacy of, 469–471
elucidating exact mechanisms, 471
gastrointestinal microbiome and, 460–462
Nondigestible fermented carbohydrates (NDFCs) (continued)
glucose and lipid metabolism, 465–466
impact on GI microbiome function, 462–463
metabolism mechanisms, 464
microbiota-mediated health effects of, 468–469
physiological effects on host, 463–467
Nutrition
Akkermansia muciniphila, 137
gut microbes in childhood undernutrition, 138–140
gut microbiota in undernourished children, 138
harnessing fitness of healthy microbiota, 136
intestinal barrier function and gut microbes, 135
Malawian diet, 139–140
malnutrition, 131–132
malnutrition-associated metabolic disorders, 133–138
metabolic endotoxemia, 134–135
microbial gene diversity and host metabolism, 136
next-generation beneficial microorganisms, 137–138
priming microbiota, 138–139
role for gut microbes during obesity, 133–134
role of classical probiotic bacteria, 136–137
Saccharomyces cerevisiae var. boulardii, 137–138
Obesity, role for gut microbes during, 133–134
Odoribacter, gut microbiota, 192
Oenococcus, 51, 64
histamine, 6
lactic acid, 19
OmnILytics, Inc., 419
One-component system (OCS), definition, 354
Oral candidiasis
dysbiotic changes associated with, 239
etiology of, 240–241
limitations of current microbial therapies, 251, 252
microbial therapeutics for, 249
potential benefits of microbial therapies, 251
Oral diseases
applying microbial-based therapies to, 244–249
bacterial replacement therapies, 242–243
caries, 238
dysbiotic changes associated with, 239
ecological aspects of, 238–241
ecological factors mediating oral communities, 236–238
limitations of current microbial therapies, 249–252
oral candidiasis, 240–241
periodontal diseases, 238–240
predatory bacteria and bacteriophages, 243–244
probiotics, 241–242
Oscillibacter, gut microbiota, 192
Osteoporosis, 16. See also Bone health
bone disease, 214, 216–219
established treatments for, 219
primary, 216–217, 224–225
probiotics and bone health in animal models of, 224–225
secondary, 217–218, 225
skeleton, 213–214
treatments, 218–219
Outer membrane vesicles (OMVs), 15–16
Oxygen availability, oral cavity, 237–238
Parabacteroides, 192
Parabacteroides distasonis, 318
Paracolobactrum coliforme, 10
Parvimonas, colorectal cancer, 115
Pasteurella, AI-2 quorum-sensing, 11
Pasteurellaceae, 172, 176
Pediococcus, 51, 64
alcohol liver disease, 199
histamine, 6
lactic acid, 19
Pediococcus acidilactici, 23
Pediococcus pentosaceus, 23
Peptostreptococcus, 241
Peptoniphilus, 150
Peptostreptococcus spp., colorectal cancer, 115
Periodontal diseases
dysbiotic changes associated with, 239
etiology of, 238–240
limitations of current microbial therapies, 250–252
microbial therapeutics for, 246–248
potential benefits of microbial therapies, 251
Petrof, Elaine, 280
Phage, definition, 420
Phage therapy, 419, 442–443
100 years of, 432–433
bacterial viruses as therapeutic agents, 421, 424
definition, 420
emergent property pharmacology, 428–430
formulated products, 425–426
further development of, 440–442
glossary of terms, 420–421
immune systems and, 431–432
low phage impact on nontarget microbiota, 426–427
low toxicity in use, 427
low toxicity of well-chosen phages, 425
modern clinical or human experimental, 422–423
modern use of, 437–440
phage-mediated biocontrol, 424
potential caveats, 430–431
precedent for, 432–440
preclinical efforts, 440–441
pre-”modern” human use, 433–437
prevalence of phrase in literature, 436
regulation and economics, 441–442
safety trials for, 427–428
utility of phages, 424–432
Phage Therapy Unit (Poland), 438, 439
PHAST (Phage Search Tool), 398
Photurzbadus, AI-2 quorum-sensing, 11
Polyamines (PAs), 8–9
Population genetics, genomic diversity of
enterococcal strains, 314–315
Porphyromonadaceae, 192
Porphyromonas, 116
airway microbiota, 167
cystic fibrosis, 172
lung microbiome, 170
Porphyromonas gingivalis
hydrogen peroxide, 21
oral community, 237, 250–251
Prebiotics
alcohol liver disease, 201
colorectal cancer treatment, 119–120
gastrointestinal microbiome and, 455–457
nonalcoholic fatty liver disease, 198–199
term, 455
Predatory bacteria, 243–244
Prevotella
airway microbiota, 167
cystic fibrosis, 172
fibrosis, 201
lung microbiome, 170
lungs of HIV-infected patients, 169
oral cavity, 236
periodontitis, 240
polymeric immunoglobulin receptor (pIgR), 169
subsistence diet, 110
vaginal microbiome, 150
vaginal microbiota, 155
Prevotella bivia, 150
Prevotellaceae, 172
Prevotella copri, 469
Prevotella intermedia, 21
Probiotics. See also Engineering smart probiotics;
Genetically modified probiotics (GMPs)
alcohol liver disease, 201
animal models of osteoporosis, 224–225
bifidobacteria as, 78–80
Bifidobacterium strains in human trials, 82–83
bone health in livestock, 225–226
and bone in nonpathological animal models, 221,
224
colorectal cancer treatment, 118–119
community, for vaginal microbiota, 155–156
definition, 4, 364
drug factory, 335, 336
effects on bones (animal studies), 222–223
engineered, for therapeutic protein expression,
381–383
enterococci as, 318
Helicobacter pylori infection, 85
human health and, 364–365
in vitro studies, 226
in vivo studies, 226, 228
mechanism of action, 226–228
nonalcoholic fatty liver disease, 198
natural, 334
oral disease, 241–242
primary osteoporosis, 224–225
role in nutrition, 136–137
secondary osteoporosis, 225
smart, 334, 337
treatment for vancomycin-resistant enterococci,
319–320
Professionally lytic phage, definition, 420
Prophecy, definition, 420
Propionibacterium spp.
airway microbiome, 166
cirrhosis, 204
oral cavity, 236
probiotics, 4
Proteobacteria, 49–50
alcohol liver disease, 199
asthma, 176
colonic microbiota, 296
gastrointestinal tract, 279
gut microbiota, 192, 291
lung microbiome, 168, 171, 172
microcins, 24
nitrosation reactions, 111
rhinovirus, 169
Proteus mirabilis, 13
Proteus vulgaris, 10
Pseudomonaceae, 171
Pseudomonadaceae, 172
Pseudomonas
airway microbiome, 166
cirrhosis, 204
cystic fibrosis, 172
indole metabolites, 10
lung microbiome, 170, 176
vaginal microbiota, 155
Pseudomonas aeruginosa
acetate, 13
biofilms, 168, 244
cystic fibrosis, 172
lactic acid, 20
phage therapy, 426, 428, 439
propionate, 14
vaginal health, 154
Pseudomonas mirabilis, 20
Pseudomonas veronii, 115
Qualified Presumption of Safety (QPS), 49, 79, 81
Quorum-sensing molecules, 10–12, 25–26
Recombinant technology, 363
Regulation, phage therapy, 441–442
oral candidiasis, 249
riboflavin, 16
Streptomycetes cinnamoneus, 22–23
Streptomycetes griseoluteus, 23
Succinivibrionaceae, NASH patients, 192
Surface carbohydrate, genomics of, 52–53
Symbiotics, nonalcoholic fatty liver disease, 199
Synthetic biology, engineering discipline, 337–338
Systemic inflammation
barrier function and endotoxemia, 466–467
chronic noncommunicable diseases (CNCDs), 466–467
immunoregulation of CNCDs, 467
Tannerella forsythia, periodontitis, 240
Tanzer, Jason M., 244
Temperate phage, definition, 420
tetragenococcus, 19
Tissier, Henry, 364
Transduction, definition, 421
Tropheryma whippelii, Whipple’s disease, 169
Two-component system (TCS), definition, 354
Twort, Frederick, 432
Ulcercative colitis
bifidobacteria, 86–87
fecal microbiota transplantation in, 297–299
Undernutrition, 131, 132
alteration of gut microbiota in children, 138
causality and underlying mechanisms, 139
dysbiosis during, 132
gut microbes in childhood, 138–140
gut microbiota and, 140–141
microbial species as prospective therapy against, 139–140
milk oligosaccharides and priming microbiota, 138–139
Uracil-phosphoribosyltransferase (upp)-based
counterselection gene replacement, 374
Ureaplasma, vaginal microbiome, 150
Vaccines, vaginal health, 155
Vaginal microbiome
community probiotics, 155–156
conditions, 149
engineered strains for delivering vaccines, 155
health and cervicovaginal microbiome, 150
lactobacilli protecting host, 150–151, 153–155
mechanisms of beneficial microbes influencing
health, 152–153
metabolome of vaginal bacteria, 154
in reproductive-age women, 153–154
Vagococcus, 19
Vancomycin antibiotic resistance, 313
Clostridium difficile infection, 273, 275, 302
Vancomycin-resistant enterococci (VRE), 311
development of, 312
fecal microbiota transplantation and probiotics as
treatment, 319–320
Veillonella
airway microbiome, 162
airway microbiota, 167
cystic fibrosis, 172
lung microbiome, 170
lungs of HIV-infected patients, 169
oral cavity, 236
polymeric immunoglobulin receptor (p1gR), 169
vitamin K, 17
Vitamins
benefiting host, 15–17
fat-soluble, 17
follate (B12-B9 or M), 16
riboflavin (vitamin B2), 15–16
vitamin B12, 17
vitamin K, 17
water-soluble, 15–17
Weissella, 19, 51, 64
Whipple’s disease, 169
Wolinella recta, 21
World Allergy Organization (WAO), 88
World Health Organization (WHO), 78, 138, 189, 220, 241, 457
Xylooligosaccharides (XOS), colorectal cancer
treatment, 119
Yersinia enterocolitica, 21
Yersinia pseudotuberculosis, 340
Yogurt, probiotic concept, 58
Zinplava (bezlotoxumab), 273